

Epilogue

November 7, 2016

Today is the seventeenth anniversary of my mother's death. It is always a day of mixed emotions for me with sadness sitting alongside gratitude. It is also the day before the people of our nation vote to elect the next president of the United States. I have always thought that the day of a person's death is the beginning of a new life in Spirit beyond the physical world. All new life offers opportunities for learning and for experiencing ways to communicate ideas, refine relationships, develop skills and values, to move us towards incorporating greater compassion and love within.

My concerns, like the concerns of so many ordinary citizens of our country, are focused on the many problems facing the nation and on the necessary changes that must be made in our national and international policies.

The two candidates couldn't be more different nor represent such different visions for the future direction of the country and world. The unrest and openly angry attitudes of the populace created by a huge divide between the Democrats and Republicans and policies of an administration that has been intent on achieving globalization often at the expense of our democratic and national interests has never been more palpable. In light of these problems and because George Washington stories have appeared throughout this book, I felt compelled to meditate and see if the soul essence, personality, and life force of our first president would come through in meditation and if he would answer a few questions. I had been successful when attempting to reach my sister who had

passed recently and though I usually only do a reading when asked by a client, I have been told over the years by other mediums that I can connect with any historical figure if I need further information about any subject. In the past I was reluctant to intrude on another soul who I never knew in life and who was not seeking to find me or bring a message to their relatives or friends. However, I had been having dreams of Mr. Washington for quite some time. Then when Master Ryuho Okawa, founder of Happy Science (a spiritual foundation in Japan) and a guest on my radio show *Healing from Within* had only days ago sent me his book entitled *Spiritual Interview with George Washington*. I put aside his book temporarily, deciding to read it after doing my own intuitive reading with President Washington. Like so many of us, I wanted to understand what I and others could do to help our nation in this time of turmoil and unhappiness.

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I felt the energy shift and flow around my shoulders and had an impression of a large triangular hat on George Washington's head and a second inverted triangle on balanced shoulders. It was later pointed out to me that the image I saw was the sign of the Freemasons, a group that Washington and the founding fathers were members of.

Then I sensed the president sitting at a desk and writing as he relayed to me, *“Know it was important to perform acts of kindness in the world and ensure the decency of future generations.”*

He went on to share, *“We took time to make this nation come into existence and the pain for accomplishing this was sorely felt by the women who watched war and suffering.”*

“With an open heart, we proudly flew the flag then and it must still fly bravely today – the values are the same two hundred years later. It is only love for this nation and the hardships of its birth that can help Americans go forward. Remember who you are in tradition and in freedom for ALL.”

As I saw boots being pulled on I sensed his thought, *“Put on your boots and march alongside the souls of the past for the truth of freedom has not changed. It has only been forgotten by some.”*

I saw in my inner vision four or five geometric shapes of light floating overhead and sensed, *“It’s like holding moonbeams in your hand or merging with light that helps you flow through life and beyond in a continuing group of souls that delight and enlighten the world.”*

Then I thought of the song, *“Catch a falling star”* which reminded me that no matter how challenging or how many raindrops or tears may fall, hope will carry us along.

Hope is necessary.

I asked the president why he came into my dreams and did I know him before this time and place?

In response I was shown a Maypole with ribbons flowing from the top of the pole. I immediately remembered when I was in third grade I performed in a school dance program around a Maypole joining with my classmates and friends. I immediately sensed this thought from President Washington, *“Like the Maypole dance of lovers, sons and daughters, families, centuries of souls, generation after generation, on following righteous and enduring traditions – the joy is eternally the same. Dance with love, it is the way to peace for you and our troubled Nation.”*

After the reading, wanting to know more about the Maypole dance tradition, I went to Google and found the following information: “Maypole dancing is a form of folk dance from western Europe especially England, Northern Spain, Finland, Sweden, Portugal and Germany.”

President Washington ended with, *“Like the sands of time returning to the beginning to start again. Patience and perseverance are the way.”*

Over the years of engaging in readings, I have discovered that my first and last message always go together offering a clearer way to see what Spirit considers most important for us to remember. In hearing President Washington’s words where he describes his connection to the Freemasons search for truth and mystery in life, including scientific truths and philosophic concepts, the first and last messages received showed me his yearning as an ethical and moral leader to ensure that kindness and decency, the legacy of his generation, would remain for our citizens and the world forever. In the last message, by suggesting the need for patience and perseverance, regardless of corruption, and misguided behavior, he wished the values of our spiritual ancestors to

return and flourish. Our spiritual guides never tell us what to do, allowing us free will to rediscover or learn anew what we need in present situations and to value what is good. If we sense within our deepest memories the lives of past ancestors, past generations, retaining the best of what was won through their struggles and also their sacrifices, we will provide positive Universal energy that resonates with happiness and brings healing to our world.

During this reading the music on my CD player began to skip and repeat in a very strong, uncomfortable manner and I was unable during that interference to continue channeling George Washington's stream of thoughts.

Sometimes with powerful dynamic energies of evolved souls which I believe President Washington to be, for he sacrificed so much to lead our people to freedom, that interplay of energies does happen. The feelings I experienced during this reading brought me such joy almost bringing me to tears. I felt and knew in my heart the great love this particular soul has for life, his country, the world, and also for me as he shared his words so tenderly with me.

[November 8, 2016](#)

It is the day after the election. I stayed up until three o'clock in the morning to hear the final results and was thankful to hear that across our great nation the citizens had rallied to the call of Donald Trump for change or simply a return to our basic values, growth, and preservation of our original traditional constitutional laws, honoring a nation that was founded on the blood and sacrifice of patriots to ensure freedom for all

religions, socio-economic factions, racial groups, immigrants, and intellectual or diverse thinkers. Nowhere in the world do we have a mixture of people as diverse and yet as unified as in the United States of America. No matter what differences we seem to have now, the changes that will come from these disruptive times may make us finally appreciate the greatness of our American democracy. Those who are less than satisfied with American democracy, which is always evolving, are free to find another part of the world to live but they usually choose not to. And we as a Spiritual nation under God, are the holders of light and truth for our populace and the world. That is why in the past we have been afforded great success and prosperity. Donald Trump is the 45th President of the United States and like our first President George Washington his election comes out of troubled and turbulent events in the world and at home. President Trump tells us to rely on him and he will work for the people and I believe that he will do just that. President Trump will help our declining nation to once again be responsible in our relationships with many nations that rely on our leadership and stability.

Our democracy was designed to afford us the freedom to have our own beliefs and express them without fear of retribution. That makes us unique as a nation. We will not allow ourselves to be intimidated by political dissention or other nations that threaten this reality. Our personal intuitive power within helps us, if we are truly in alignment with the original values of this nation and Spirit, to know a greater comprehensive truth and to consciously select leaders and policies that will enhance our growth and our success in all areas of life. In the past as a nation and individually, there have been

many problems and issues including slavery, and mistreatment of Native Americans as well as lack of understanding for many religious and cultural groups. Even though we have made mistakes and even though one person's truth may not be another person's truth, we have tried to remain open to new possibilities for continued improvement. The United States has included immigration from every country in the world, in our hopes of achieving fairness and the American dream at the same time. While we as a nation and as humans can never be perfect, we can continue to strive for unity and oneness over time.

Well, we can certainly conclude from this information shared by the spirit of President George Washington that our nation, as indeed our world, has always struggled and it has never been any different. There has always been friction, war, poverty, and self-serving individuals. War brings tragedy, separation between religions, political groups and nations, and a disintegration of peace, beauty, progress and the fullness or potential for our best human efforts. Without considering the needs of all, we will disavow generations of many righteous people who believed in our democracy and who fought for laws providing justice for ALL.

It is in this tradition, and for all the gains we have made over the centuries, that we must remember the goals of our Founding Fathers. We must not be so eager to forget our basic American values, our love of freedom. We must remember all the hard work of so many souls leading to the many accomplishments that preserve and honor the efforts of our citizens.

There is a foundation of goodness that resides in the American people and we have shared our goodness with so many countries worldwide in the hopes that they can achieve their own liberation and perhaps democracy. It is our continuing responsibility and our destiny to show the world that the democracy of our Founding Fathers is still the most well thought out and best blueprint for bringing wisdom through action into the world.

I truly hope that other nations join the progressive action that will be taken by our new president to ensure peace and love for life while retaining the best of our ideologies and adding innovative ideas and practices so that we are always moving forward as “One nation under God.”